



2025 SPRING CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY AM
3:00 PM	INTRO SESSIONS	MONKEYS 2x	INTRO SESSIONS	MONKEYS 2x	TOUCHSTONE	7:30 AM TOUCHSTONE
3:15 PM	MONKEYS 2x	3:00 – 3:30 PM	MONKEYS 2x	3:00 – 3:30 PM		7:45 AM
3:30 PM	3:15 – 3:45 PM	NINJAS 2x	3:15 – 3:45 PM	NINJAS 2x	INTRO SESSIONS	8:00 AM
3:45 PM	NINJAS 2x	3:30 PM – 4:15 PM	NINJAS 2x	3:30 PM – 4:15 PM	TOUCHSTONE	8:15 AM
4:00 PM	3:45 – 4:30 PM		3:45 – 4:30 PM			8:30 AM
4:15 PM		INTRO SESSIONS		INTRO SESSIONS	NINJAS 1x	8:45 AM
4:30 PM	MONKEYS 2x	MONKEYS 2x	MONKEYS 2x	MONKEYS 2x	4:15 PM – 5:00 PM	9:00 AM BROWN BELT CLASS
4:45 PM	4:30 – 5:00 PM	4:30 – 5:00 PM	4:30 – 5:00 PM	4:30 – 5:00 PM		9:15 AM 11:00 AM- 12:00 PM
5:00 PM	NINJAS 2x	NINJAS 2x	NINJAS 2x	NINJAS 2x	MONKEYS 1x	9:30 AM
5:15 PM	5:00 PM – 5:45 PM	5:00 PM – 5:45 PM	5:00 PM – 5:45 PM	5:00 PM – 5:45 PM	5:00 – 5:30 PM	9:45 AM
5:30 PM					YOUTH 1x	10:00 AM BLUE BELT CLASS
5:45 PM	YOUTH 4x	YOUTH 4x	YOUTH SPARRING 4x	YOUTH 4x	5:30 – 6:00 PM	10:15 AM 11:00 AM- 12:00 PM
6:00 PM	5:45 – 6:45 PM	5:45 – 6:45 PM	5:45 – 6:45 PM	5:45 – 6:45 PM		10:30 AM
6:15 PM						10:45 AM
6:30 PM					INTRO SESSIONS	11:00 AM GREEN BELT CLASS
6:45 PM	TEEN 4x	YOUTH 2x	TEEN SPARRING 4x	YOUTH 2x	TEEN 4x	11:15 AM 11:00 AM- 12:00 PM
7:00 PM	6:45 PM – 7:45 PM	6:45 PM – 7:45 PM	6:45 PM – 7:45 PM	6:45 PM – 7:45 PM	6:45 PM – 7:45 PM	11:30 AM
7:15 PM						11:45 AM
7:30 PM						12:00 PM TEEN 4x
7:45 PM	TOUCHSTONE	INTRO SESSIONS	INTRO SESSIONS	INTRO SESSIONS	TOUCHSTONE	12:15 PM 12:00 – 1:00 PM
8:00 PM		ADULT	ADULT SPARRING	ADULT		12:30 PM
8:15 PM		8:00 PM – 9:15 PM	8:00 PM – 9:15 PM	8:00 PM – 9:15 PM		12:45 PM
8:30 PM			(OPTIONAL)			
8:45 PM						
9:00 PM						

PLANS & PRICING

CLASS	FREQUENCY	PRICE/mo
MONKEYS (4-5)	2x Week: Pick and stick to any 2x days	\$208
	* 1x Week: Pick and stick to any 1x day	\$135
NINJAS (6-8)	2x Week: Pick and stick to any 2x days	\$219
	* 1x Week: Pick and stick to any 1x day	\$148
YOUTH (9-12)	4x Week: Mon-Thurs	\$248
	2x Week: Pick and stick to any 2x days	\$228
	* 1x Week: Pick and stick to any 1x day	\$146
TEEN (13-18)	Monday, Wednesday, Friday, Saturday.	\$248
ADULT	2x Week Tuesday/Thursday (Wednesday Optional)	\$185

"Pick and stick" means you can pick any classes with the associated label (1x,2x), and you are to expect to stick to those classes only. This allows each student to be exposed to the correct weekly curriculum and build camaraderie with their fellow students.*

These classes are considered "introductory" and are a great option to try out the program, with the "regular" programs being ideal for serious students.

ALL PROGRAMS ARE MONTHLY
(NO TERM CONTRACTS)

ADDITIONAL COSTS
REGISTRATION FEE: \$80
STUDENT UNIFORM/REPLACEMENT: \$40

FUTURE COSTS:
SPARRING GEAR (SPARRING IS OPTIONAL UP UNTIL GREEN BELT)
BLACK BELT TESTING (NO TESTING FEES FOR UNDERBELTS)
EXTRACURRICULAR EQUIPMENT

PLEASE CONTACT US FOR CLARIFICATION
OR TO CHECK CLASS AVAILABILITY:
CALL OR TEXT 775 835-2154